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| **Fact Sheets** |
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| **1. Demographic Information**   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  | | --- | --- | | **Surface Area (Sq Km) :** | **147,181** | | **Population (2001 Census)** | **23,151,423** | | Male | 11,563,921 | | Female | 11,587,502 | | Sex ratio ( Male per 100 Female) | 99.7 | | Population Growth Rate (1991-2001)(%) | 2.25 | | Pop. Density (Pop./Km2) | 157 | | **Total Household (%)** Urban Rural | 16.1 83.9 | | Urban Population (%) | 13.9 | | Pop. Density (Pop./Km2) | 157 | | Population by age structure | | | Population 0-14 years (%) | 39.3 | | Population 65+ years (%) | 6.1 | | **Population by Ecological Belts** | | | Mountains (Land area 35%) | 7.3 | | Hills (Land area 42%) | 44.3 | | Terai (Land area 23%) | 48.4 | | **Estimated Population (2009)\*\*** | 29.3(million) | | Projected Population for 2050\*\* | 49 Million | | Average Growth Rate (2005-2010)\*\* | 1.8 | | Percentage of Urban Population \*\* | 18 | | Urban Population growth rate (2005-2010)\*\* | 4.9 | | Population Per hectare arable land and permanent crop land\*\* | 4 | |   **2. Top Ten Diseases Accounting for Morbidity**   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  | | --- | --- | | **Diseases** | **National Total** | | Acute Respiratory Infection | 2.56 | | Intestinal worms | 2.43 | | Gastritis | 2.21 | | Pyrexia of unknown origin | 2.09 | | Upper respiratory track infection | 1.96 | | Impetigo/Boils/ Furunculosis | 1.58 | | Headache(migration) | 1.58 | | Amoebic Dysentery | 1.53 | | Presumed non infections Diarrhea | 1.47 | | Falls/injuries/Fractures | 1.29 | | *Source : Annual Report, Department of Health Services (2007/2008)* | | |   **3. Key findings from Nepal Demographic and Health Survey ,2006**   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  | | --- | --- | | **3.1 Family Planning Knowledge of Methods** | **National Total** | | Percentage of currently married women who has knowledge of modern methods | 100 | | Percentage of currently married women who has ever used modern method | 65 | | Percentage of currently married women who is currently using of modern methods | 44 | | Percentage of currently married women who has Knowledge of any methods | 100 | | Percentage of currently married women who has ever used any method | 68 | | Percentage of currently married women who is currently using of any methods | 48 | | **Unmet Need of Family Planning (%)** Spacing Limiting | 25 9 15 | | |  | | |  |  | | --- | --- | | **3.2 Maternal Health** | **National Total** | | Antenatal Care from Skilled Birth Attendants (SBA\*) | 44 | | Percentage of births protected against neonatal tetanus | 78 | | **Place for Delivery ( % of births)** At homeAt Health facility | 81 18 | | Percentage of Live Births | 90 | | Median Age at first birth | 19.9 | | Percentage of women of age 15-19 who are already mothers | 13.0 | | Percentage of women who are married to a man who has more than 1 wife | 4 | | Percentage of births which were assisted at delivery by SBA | 19 | | Percentage of women receive postnatal care | 33 | | Percentage of women 15-49 with anemia | 36 | | *\*(doctor, nurse/ANM, health assistant/ AHW/MCHW)* | | | |  | | |  |  | | --- | --- | | **3.3 Child Health (in %)** |  | | **Immunization in Children (%)** |  | | BCG | 93 | | DPT 3 | 89 | | Polio 3 | 91 | | Measles | 85 | | None | 3 | | **Acute Respiratory Infection (ARI) and Fever (%)** Children under age 5 with symptoms of ARI  Percentage of clients taken to a health care provider for ARI | 5 43 | | Children with fever | 17 | | Percentage of clients taken to a health care provider for Fever | 34 | | **Diarrhea (%)** |  | | Percentage of Children suffered from Diarrhea | 12 | | Percentage of clients taken to a health care provider | 27 | | Percentage without treatment of Diarrhea | 34 | | **Nutrition Status of Children** | | | **Breastfeeding** | | | Percentage of infants ever breastfed | 98 | | Exclusively breastfed( under 6 month) | 53 | | Percentage of children 6-59 months with Anemia | 48 | | Percentage of children under age 5 stunted | 57 | | Percentage of children under age 5 wasted | 13 | | Percentage of children under age 5 underweight | 39 | | |  | | |  |  | | --- | --- | | **3.4 Infant, Child ( deaths per 1000 live births) and Maternal Mortality (death per 100,000 births)** | | | Neonatal Mortality | 33 | | Post Neonatal Mortality | 15 | | Infant Mortality Infant mortality for 2009 \*\* | 48 40 | | Child Mortality | 14 | | Under 5 Mortality | 61 | | Under 5 Mortality M/F (2005-2010 Estimate)\*\* | 52/55 | | Maternal Mortality rate | 281 | | |  | | |  |  | | --- | --- | | **3.5 Fertility** | | | Total Fertility Rate ( TFR) Rural  Urban Mountain Hill Terai **Total Fertility Rate ( TFR) for 2009 \*\*** | 3.3 2.1  2.1 4.1 3.0 3.1 2.82 | | |  | | **4. Health Facilities & Health Human Resource under Ministry of Health and Population (MoHP)** | |  | | |  |  | | --- | --- | | **Health facility under MoHP** | **in %** | | **1. Total Health Institutions under MoHP** Hospitals(Central, Regional, Sub-regional, Zonal and District) Health Center Primary Health Center (PHC) Health Post Sub-Health Post Ayurvedic Health Institution | 4396 94 5 201 699 3104 293 | | 2. Total Hospital Beds | 6944 | | Health manpower under MoHP Doctors  Nurse/ANM  Paramedic/Health Assistant Village Health Worker MCHW Ayurvedic Physician Baidhya | 1457 11637 7491 3190 3985 394 360 | | **Health Volunteers** Female Community Health Volunteer including Trained Traditional Birth Attendants | 63326 | | **Total Health manpower** | 91840 | | **Life Expectancy at birth ( 2009)\*\*** Male  Female | 67.8 66.4 | | **Adult Literacy rate (2009)\*\*** Female Male  Primary Enrollment gross (M/F)\*\* Secondary Enrollment (gross) M/F\*\* Health expenditure , Public (% of GDP)\*\* Access to improve drinking water sources\*\* | 43.6 70.3 127/126 45/41 1.6 89 | | Human Development Index (value) 2007 | 0.553 | | Human Development Index (rank) 2007 | 144 | | Human Poverty Index(2007) | 32.1 | | Ranking of Human Poverty Index ( 2007) | 99 | | Prevalence of HIV/AIDs in adult population 15-49 Yrs (%) 2008 | 0.55 | | **\*\* State of world population 2009, UNFPA** |  | | |